

# The Baby Checkups “Crib Sheet”

## 15 to 24 months

This resource summarizes the key elements of each baby checkup from 15 to 24 months to help you prepare for each appointment. You will have a better sense of what to expect, including developmental milestones your doctor may evaluate, the CDC-recommended vaccinations that may be required, and topics to ask baby’s doctor about for each visit. Remember, each baby is different and may achieve milestones at a different pace.

### 15 MONTH CHECKUP

### 18 MONTH CHECKUP

### 24 MONTH CHECKUP

#### Milestones

- Understands simple commands
- Shakes their head “no”
- Uses a sippy cup
- Enjoys looking at books
- Picks up and moves toys intentionally
- Says 2 to 3 words

- Says as many as 10 to 20 words
- Scribbles on their own
- Walks up stairs while holding your hand
- Runs

- Helps undress themselves
- Eats with a spoon
- Points to at least one body part
- Starts to pretend play

- Says more than 50 words
- Says short sentences
- Follows two-step commands
- Copies adults and older kids

- Sings
- Jumps with both feet; kicks or throws a ball
- Names many body parts and people
- Stacks objects
- Plays alongside other kids

#### Vaccinations

HepB • DTaP • Hib • PCV13  
IPV • MMR • VAR • HepA

HepB • DTaP • IPV • HepA

HepA

#### Ask about

- Teaching your child words by reading and naming objects
- Bedtime routine and timing
- Handling tantrums
- Patience with messy mealtimes
- Setting rules and limits
- Home, car, and outdoor safety

- Any topics from the previous checkups, plus:
  - Teaching your child not to hit and bite
  - Describing things using simple words
  - Toilet-training readiness signs

- Any topics from the previous checkups, plus:
  - Using time-outs
  - Toilet training
  - Reading and playing instead of watching TV
- Sharing and getting along with others
- Getting ready for preschool

### BEYOND 2 YEARS

Your child’s checkups become less frequent after 24 months. They’re still critical touchpoints with your doctor, but are recommended only twice a year until age 3, and then just once a year moving forward.

#### Vaccination Key

**CDC**=Centers for Disease Control and Prevention; **DTaP**=diphtheria, tetanus, and pertussis; **HepA**=hepatitis A; **HepB**=hepatitis B; **Hib**=*haemophilus influenzae* type b; **IPV**=inactivated polio vaccine; **RV**=rotavirus vaccine; **MMR**=measles, mumps, rubella; **PCV13**=pneumococcal conjugate vaccine; **VAR**=varicella.



Use the reverse side of this page to take notes. →