

# The Baby Checkups “Crib Sheet”

## 15 to 24 months

This resource summarizes the key elements of each baby checkup from 15 to 24 months to help you prepare for each appointment. You will have a better sense of what to expect, including developmental milestones your doctor may evaluate, the CDC-recommended vaccinations that may be required, and topics to ask baby’s doctor about for each visit. Remember, each baby is different and may achieve milestones at a different pace.

### 15 MONTH CHECKUP

### 18 MONTH CHECKUP

### 24 MONTH CHECKUP

#### Milestones

- |  |   |   |  |   |
|--|---|---|--|---|
| <ul style="list-style-type: none"> <li>• Understands simple commands</li> <li>• Shakes their head “no”</li> <li>• Uses a sippy cup</li> <li>• Enjoys looking at books</li> <li>• Picks up and moves toys intentionally</li> <li>• Says 2 to 3 words</li> </ul> | <ul style="list-style-type: none"> <li>• Says as many as 10 to 20 words</li> <li>• Scribbles on their own</li> <li>• Walks up stairs while holding your hand</li> <li>• Runs</li> </ul> | <ul style="list-style-type: none"> <li>• Helps undress themselves</li> <li>• Eats with a spoon</li> <li>• Points to at least one body part</li> <li>• Starts to pretend play</li> </ul> | <ul style="list-style-type: none"> <li>• Says more than 50 words</li> <li>• Says short sentences</li> <li>• Follows two-step commands</li> <li>• Copies adults and older kids</li> </ul> | <ul style="list-style-type: none"> <li>• Sings</li> <li>• Jumps with both feet; kicks or throws a ball</li> <li>• Names many body parts and people</li> <li>• Stacks objects</li> <li>• Plays alongside other kids</li> </ul> |
|--|---|---|--|---|

#### Vaccinations

HepB • DTaP • Hib • PCV13  
IPV • MMR • VAR • HepA

HepB • DTaP • IPV • HepA

HepA

#### Ask about

- |  |  |  |
|--|--|--|
| <ul style="list-style-type: none"> <li>• Teaching your child words by reading and naming objects</li> <li>• Bedtime routine and timing</li> <li>• Handling tantrums</li> <li>• Patience with messy mealtimes</li> <li>• Setting rules and limits</li> <li>• Home, car, and outdoor safety</li> </ul> | <p>Any topics from the previous checkups, plus:</p> <ul style="list-style-type: none"> <li>• Teaching your child not to hit and bite</li> <li>• Describing things using simple words</li> <li>• Toilet-training readiness signs</li> </ul> | <p>Any topics from the previous checkups, plus:</p> <ul style="list-style-type: none"> <li>• Using time-outs</li> <li>• Toilet training</li> <li>• Reading and playing instead of watching TV</li> <li>• Sharing and getting along with others</li> <li>• Getting ready for preschool</li> </ul> |
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### BEYOND 2 YEARS

Your child’s checkups become less frequent after 24 months. They’re still critical touchpoints with your doctor, but are recommended only twice a year until age 3, and then just once a year moving forward.

#### Vaccination Key

**CDC**=Centers for Disease Control and Prevention; **DTaP**=diphtheria, tetanus, and pertussis; **HepA**=hepatitis A; **HepB**=hepatitis B; **Hib**=*haemophilus influenzae* type b; **IPV**=inactivated polio vaccine; **RV**=rotavirus vaccine; **MMR**=measles, mumps, rubella; **PCV13**=pneumococcal conjugate vaccine; **VAR**=varicella.

 Use the reverse side of this page to take notes. →